



# CHURCHLANDS SENIOR HIGH SCHOOL

## Swimming Program

Churchlands Senior High School has a long and successful history in developing and producing top-level swimmers and consistently performs well in the A Grade Interschool Swimming Competition.

Students selected into the program will be encouraged to represent the school in aquatic teams. The Swimming Program will be conducted during school hours twice per week for the whole year. Students are expected to attend a minimum of one before school training session per week and are encouraged to swim outside of school times – with the school or another club.

The program will include:

- Stroke development with a professional coach
- Involvement in the Surf Life Saving Cadets Program.

The Cadets Program is a community funded program and offers an opportunity for the students to learn surf lifesaving skills, achieve first aid qualifications and also experience other aquatic based opportunities.

Selection trials will be conducted late in Term 3 or early Term 4. Students who have completed an application will be notified by email with details of the trial date and time.

Applications to be submitted by **Friday 16 August 2024.**

**CONTACT:**

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- Health & Physical Education  
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<https://www.churchlands.wa.edu.au/learning/learning-areas/health-and-physical-education/specialist-programs>



- \* Begins in Year 7 and continues until Year 10.
- \* Open to students with strong swimming skills who wish to refine and develop their swimming ability.
- \* Students need to be eager to pursue other aquatic sports including surf lifesaving.



## Churchlands Swimming Program Application

Please note – the Swimming Program is designed for **high ability swimmers**, with some experience in squad and surf training.

Student Surname \_\_\_\_\_

Student Given Names \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male  Female

Present School \_\_\_\_\_

Parent/Guardian Surname \_\_\_\_\_

Parent/Guardian Given Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Parent/Guardian Mobile \_\_\_\_\_

Parent/Guardian Email \_\_\_\_\_

Previous Swimming experience  
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**Please return this form together with the Application for Enrolment to Churchlands Senior High School.**